



PHYSIOTHERAPY PROFESSIONAL

SERVICES FEE GUIDELINES



JUNE 2023



PHYSIOTHERAPY COUNCIL OF KENYA

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ESTABLISHMENT OF PHYSIOTHERAPY COUNCIL OF KENYA

Physiotherapy Council of Kenya (PCK) is a regulatory body established under an Act of Parliament (Physiotherapists Act No 20 of 2014) whose main function is to make provision for training and licensing of Physiotherapists and to regulate their practice. The principal function is to protect health and safety of the public by ensuring ethical and competent Physiotherapists offer services to the public. The Council has a responsibility to ensure practitioners, Physiotherapy clinics/ facilities premises comply with the set rules and standards.

VISION - To have competent and ethical physiotherapy practitioners that are responsive to local and global health needs.

MISSION - To advance standards of physiotherapy practice and training through continuous skills development, research, development of appropriate guidelines and regulations.

CORE VALUES

- Innovative
- Responsive
- Customer focused
- Transparency and accountability

MANDATE OF THE COUNCIL

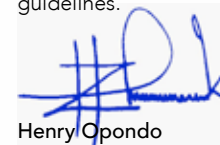
- Prescribe the minimum educational requirements for persons wishing to be registered as physiotherapists under this Act
- Consider and approve the qualifications of physiotherapists for the purposes of registration under this Act
- Cause to be maintained a register of all persons registered as physiotherapists in accordance with this Act
- Prescribe and conduct examinations for purposes of registration under this Act collaboration with the approved institutions
- Approve institutions other than those established or accredited under the Universities Act, 2012, or the Technical and Vocational Education and Training Act, 2013 for the training of physiotherapists.
- License the private practice of physiotherapists
- Establish and maintain a professional code of conduct for all persons registered under this Act.
- Regulate the professional conduct of registered physiotherapists and take such disciplinary measures as may be appropriate to maintain proper professional standards;
- Establish, approve and accredit programs for continuing professional educational programs
- Cause to be published in the Kenya Gazette every calendar year or such other period as may be prescribed, the names of all registered physiotherapists;
- Perform such other function as may be provided for in this Act or any other written law.

FOREWORD

Consumers of physiotherapy services have the right to expect that physiotherapists will provide services in a competent and contemporary manner that meets best practice standards. The scope of services provided by physiotherapists are as per the Physiotherapists Act and Physiotherapy Regulations.

Professional physiotherapy fees have therefore been developed to guide physiotherapy professionals, clients and other stakeholders on the value of services rendered by physiotherapists and not simply the physiotherapists cost of providing services. They shall be determined in advance of the service performed based on expertise of the person providing the service , complexity of the procedures and the necessary equipment and products necessary to execute service.

The fees listed are appropriate compensation for the professional work required to meet the necessary standards of physiotherapy care and quality, and to sustain the profession through skills training and research and development. Since these fees are a matter of contract between the physiotherapist and the Client, both parties are free to develop arrangements suited to specific situations within the parameters presented in this document, bearing in mind the need for appropriate and adequate compensation as outlined in physiotherapists professional fee guidelines.



Henry Opondo
CHAIRPERSON

ACKNOWLEDGEMENTS

The development of Physiotherapy Professional Services Fees Guidelines was a collaborative process undertaken by a dedicated team from the PCK with several key stakeholders and partners. Several meetings, contributions and inputs were received towards enriching the document, I wish to express my gratitude to each one who contributed through various forms towards the success of this guidelines. Much gratitude to Chairperson of the Council, Henry Opondo, Teresa Ogumbo, the Chairperson Education, Training, Registration and Licensing Sub Committee and all the other Council members; Dr Daniel Nyamongo, Rahab Ngatia, Victoria Musyoka for providing leadership and availing necessary resources for the exercise.

I wish to also appreciate the following members who contributed significantly towards its success; Martha Mmasi ,the Chief Physiotherapist MOH, Daniel Kangutu,HOD Physiotherapy KMTC, Dickson Okumu, Head of Rehabilitation Services KNH, Elizabeth Mwikali ,Head of Rehabilitation Services KUTRRH, Oliver Keitany ,Deputy Chief Physiotherapist MTRH ,Dr Naomi Wanjiru , Lecturer Moi University and Dr Wallace Karuguti, Lecturer JKUAT,

Finally, I wish to thank all other members of the PCK Secretariat, partners and stakeholders who contributed in one way or another in ensuring its success.



Douglas Kotut
REGISTRAR /CEO

PHYSIOTHERAPY PROFESSIONAL SERVICES FEES

PHYSIOTHERAPY TREATMENT CODES AND COSTS			
CODE	DESCRIPTION	MINIMUM (KSHS)	MAXIMUM (KSHS)
PT4001	Physiotherapy assessment taking not more than 20 minutes	500	1500
PT4002	Physiotherapy assessment 20 -45 minutes	500	2,000
PT4003	Physiotherapy assessment >45 minutes	1,000	3,000
PT4004	Physiotherapy Re-evaluation	500	3,000
PT4005	Return to work evaluation	1,500	5,000
PT4006	Return to sport evaluation	1,500	5,000
PT4007	Ergonomic assessment for an institution		
	(i) Below 20 personnel	20,000	50,000
	(ii) Above 20 to below 200 personnel	100,000	250,000
	(iii) Above 200 personnel	200,000	500,000
PT4008	Ergonomic assessment individual	2,000	5,000
PT4009	Comprehensive Physiotherapy assessment report	5,000	10,000
PT4010	Consultancy for establishing physiotherapy establishment / wellness Centre		
	level 2	10,000	20,000
	level 3	20,000	30,000
	level 4	30,000	50,000
	level 5	60,000	100,000
	level 6	100,000	200,000
PT4011	Therapeutic exercise	1,000	3,000
PT4012	Neuromuscular re-education	2,500	4,000
PT4013	Gait training	1,000	3,000
PT 4014	Chest Physiotherapy	1,000	3,000
PT4015	Spirometry	1,500	5,000

PHYSIOTHERAPY TREATMENT CODES AND COSTS			
CODE	DESCRIPTION	MINIMUM (KSHS)	MAXIMUM (KSHS)
PT4016	Manual physiotherapy	2,000	5,000
PT4017	Soft tissue Manipulation	1,000	3,000
PT4018	Training of functional activities	1,000	3,000
PT4019	Prosthetic rehabilitation	2,000	5,000
PT4020	Mechanical traction therapy	1,000	3,000
PT4021	Electric stimulation therapy	1,000	3,000
PT4022	Ultrasound therapy	1,000	2,000
PT4023	Hydrotherapy	3,000	6,000
PT4024	Whirlpool therapy	3,000	5,000
PT4025	Sports physiotherapy	3,000	6,000
PT4026	Moist heat	1,000	3,000
	cryotherapy	1,000	3,000
PT4027	Self-Care/ Home care Training	2,000	6,000
PT4028	Physical Performance Test or Measurement (disability and workers assessment)	3,000	7,500
PT4029	Wound care management	2,000	5,000
PT4030	Cast application	1,000	3,500
PT4031	Cast removal	1,000	2,000
PT 4032	Home Physiotherapy (within 5km radius)	2,000	6,000
	Extra charges based on radius(km)	500 extra for every extra 2 km	
PT 4033	Manual lymphatic drainage	2,500	6,000
PT 4034	Multi layered Lymphoedema bandaging	3,000	7,000
PT4035	Pneumatic pump compression therapy	1,000	3,000
PT4036	Patient education /skin care mx	1,500	3,000
PT 4037	Pelvic floor rehabilitation	2,500	5,000
PT4038	Prenatal rehabilitation	1,000	3,000
PT4039	Post-natal rehabilitation	1,000	3,000

PHYSIOTHERAPY TREATMENT CODES AND COSTS			
CODE	DESCRIPTION	MINIMUM (KSHS)	MAXIMUM (KSHS)
PT4040	Taping	2,000	5,000
PT 4041	Vestibular Rehabilitation (Abyl maneuver)	1,000	4,000
PT4042	Cardiac rehabilitation	2,000	4,000
PT4043	AT prescription and fitting costs	1,000	2,000

PHYSIOTHERAPY SUPPORTS, BRACES, AIDS

PHYSIOTHERAPY SUPPORTS, BRACES, AIDS		MIN	MAX
S/NO	Item/service description	Prices charged to be between 30 -45 % of the Market prices	
1	Crutches Rubber Tip (1 Piece)		
2	Elbow Support		
3	Theraband One Metre		
4	Knee Support		
5	Elastic Knee Support with Patella Opening		
6	Ankle Support		
7	Incentive spirometer(B)		
8	Hinged Knee Brace		
9	Walking Stick (Piece)		
10	Incentive spirometer(A)		
11	Abdominal Binder		
12	Antiembolic Stockings (Pair)		

PHYSIOTHERAPY SUPPORTS, BRACES, AIDS		MIN	MAX
S/NO	Item/service description	Prices charged to be between 30 -45 % of the Market prices	
13	Anti-embolic stockings		
14	Elbow Crunches		
15	Walking Frame (Paediatric)		
16	Axillary Crutches-Standard		
17	Axillary Crunches (Light)		
18	Aluminum Axillary crutches (light weight)		
19	Compression Stockings (Below Knee)		
20	Compressive Stockings (Above Knee)		
21	Compression stockings (Thigh Length)		
22	Post-operative (lockable knee Brace)		
23	Axillary Crutches-Xtra Long		
24	Alluminium Axillary crutches (heavy weight)		
25	Walking Frame		
26	Knee Stabilizer		
27	Lymhoedema Armsleeve (1 Piece)		
28	Lymhoedema Armsleeve (1piece)		
29	Lumbo-Sacral Corset (Piece)		
30	Lumbosacral corset		
31	Cervical Collar		
32	Walking Tripod (Piece)		
33	Wrist Support (Piece)		
34	Abdominal Binder (A Piece)		
35	Aluminum Elbow crutches		
36	Aluminum walking frame (Adult)		
37	Aluminum walking frame (Peadiatric)		
38	Aluminum walking stick		

PHYSIOTHERAPY SUPPORTS, BRACES, AIDS		MIN	MAX
S/NO	Item/service description	Prices charged to be between 30 -45 % of the Market prices	
39	Armsling		
40	Compression stockings class 3		
41	Thoraco Lumber Corset (Piece)		
42	Wheel chair (Heavy duty standard)		
45	Foot insoles		

A hand holding a pen, poised to write on a grid. Overlaid on the grid is a complex molecular structure, possibly a DNA helix or a protein chain, rendered in a translucent, glowing style. The background is a soft gradient of light blue and yellow.

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